

# DONNING GUIDE

1

## Step 1

Grasp the sterile gown and step into an area where the gown may be opened without risk of contamination. Put both hands into armholes. Hold the gown away from the body, and allow it to unfold completely.

2



## Step 2

Slip both hands and forearms into armholes and sleeves; keep hands at shoulder level and away from the body.

3



## Step 3

If you are performing open glove donning, pull cuff to thumb levels. If you are performing closed glove donning, push the hands to the edge of the cuff.

4



## Step 4

The circulating nurse should pull the gown over shoulders, touching only the inside of the gown.

5

## Step 5 & 6

The circulating nurse should arrange hook and loop fixation.



6

7



## Step 7

The circulating nurse should tie the inner belt of the gown.

8



## Step 8

Then don gloves. After gloving, grasp the belt card with both hands, separate the left outer belt from the belt card and keep the belt in the left hand.

9



## Step 9

Hand the belt card to the circulating nurse, then make a three-fourth turn to the left while the circulating nurse extends the outer belt to its full length.

10



## Step 10 & 11

Retrieve the outer belt by pulling it out of the belt card held by the circulating nurse and tie it together with the other outer belt on the left-hand side.

11

